



Struggling to stay cool when your body just will not regulate temperature properly? This cooling vest is designed to help you manage heat in a way that is practical, wearable, and easy to stay on top of. With multiple internal pockets across the front and back, this vest holds cooling packs close to your body where they can actually make a difference. Whether you are dealing with heat sensitivity, dysautonomia, or just long days in the sun, it helps take the edge off and keep your body more stable. The lightweight mesh fabric keeps things breathable, while the adjustable fit means you can wear it comfortably across different body shapes and over your clothing. With 20 refillable cooling sachets included, you can rotate packs in and out so you always have a fresh set ready to go. It is about giving you a way to keep going, even when the heat would usually slow you down.

Great for:

- Heat sensitivity and temperature regulation
- Dysautonomia and autonomic conditions
- Long days in the sun or hot environments
- Working in hot kitchens or indoor heat
- Outdoor activities like fishing or boating
- Supporting cooling during fevers or illness
- Those who struggle to sweat or cool down naturally

Features:

- Includes 20 refillable cooling sachets
- Multiple internal pockets for even cooling distribution
- Lightweight mesh fabric with breathable feel
- Easy swap system to rotate frozen packs
- Adjustable fit to suit a range of body sizes
- Wearable over clothing for all-day use

Image Description: A blue cooling vest with a front zip closure, shown both worn and opened to reveal multiple internal pockets across the front and back. The inside lining holds removable cooling packs, evenly spaced to distribute cooling across the body.



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Details:

Material: Cooling material , freeze dried gel packs

Size: 23cm (L) x 47cm (W)

Max fit: 124cm Diameter

Weight: 293 grams (dry weight)

Package includes: 1x Cooling Vest + 20 Cooling Sachets

Age Guidance: Suitable for adult use or with supervision

How to Use:

1. Fill each sachet with water
2. Place sachets in fridge or freezer until cooled
3. Insert cooled sachets into vest pockets
4. Put on vest and adjust for a comfortable fit
5. Swap out sachets as they warm and refreeze as needed

Care Instructions:

- Hand wash vest with mild detergent
- Air dry completely before reuse
- Do not machine dry
- Store in a cool, dry place when not in use

Important Notes:

- Do not apply frozen packs directly to bare skin for extended periods
- Monitor skin temperature during use
- Cooling duration will vary depending on environment
- Ensure sachets are sealed properly before use