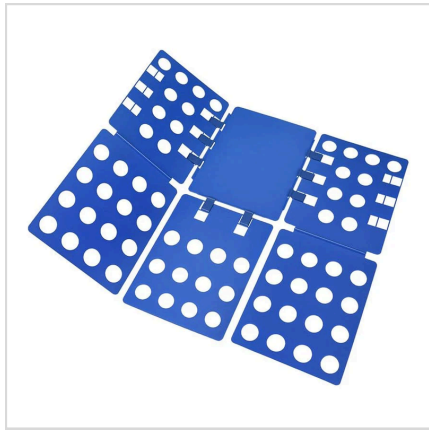




CLOTHES FOLDING BOARD INSTRUCTION MANUAL



Laundry does not need to be a battle.

This lightweight clothes folding board helps take the effort and guesswork out of folding, turning a tricky task into a simple, repeatable routine. With a few easy flips, you get neat, consistent folds without wrestling fabric or juggling piles of clothing.

It is especially helpful when energy is limited, hands are sore, or routines feel overwhelming. Whether you are learning a new skill, building independence, or just wanting clothes that stack neatly in drawers, this board supports calmer, more manageable laundry days.

Great for:

- Folding t-shirts, tops, sweatshirts, and dress shirts
- Building independence with daily living skills
- Arthritis, chronic pain, fatigue, or reduced strength
- Recovery after injury, surgery, or stroke
- Reduced grip strength or fine motor challenges
- Neurodivergent people who benefit from structure and visual prompts
- Carers and support workers encouraging participation
- Supported living, shared homes, or care settings
- Packing, wardrobe organisation, or travel prep
- Confidence-building through repetition and routine

Features:

- Creates consistent, even folds every time
- Lightweight and easy to handle
- Simple flip-panel design
- Supports visual learning and predictable steps
- Reduces strain on hands, wrists, and shoulders
- Folds flat for easy storage
- Child and adult size options available

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Image Description: A plastic clothes folding board with hinged panels and large round holes is shown in use to neatly fold shirts. The board is displayed open and closed, with step-by-step images demonstrating how garments are placed and folded. Final images show stacks of evenly folded clothing, suitable for a range of garments including t-shirts, shirts, skirts, and sweatshirts.

Details:

Material: ABS plastic

Sizes: Please see below...

Child's Board

Closed: 40cm (L) × 16.5cm (W) × 1.2cm (D)

Open: 40cm (L) × 47.5cm (W)

Adult Board

Closed: 28cm (L) × 23.5cm (W) × 2.5cm (D)

Open: 55.5cm (L) × 65cm (W)

Weight: Approx. 428g

Package includes: 1x Clothes Folding Board

Age Guidance: Recommended ages 3+

Please note: Pieces on the child's board are not detachable. Only the adult board includes detachable panels.

How to Use:

1. Lay the garment face down on the centre panel
2. Align sleeves across the side panels
3. Flip the left panel in, then return
4. Flip the right panel in, then return
5. Lift the bottom panel up and back down
6. Remove your neatly folded item and repeat

Care Instructions:

- Wipe clean with a damp cloth
- Wash with mild soap if needed
- Air dry before storing
- Store flat or folded when not in use